

AGRICULTURAL COMMUNITY QPR FOR FARMERS AND FARM FAMILIES

Over the last decade, farmers and farm families have experienced increasing pressures resulting in high levels of stress, mental health issues, and suicide

QPR training teaches laypeople and professionals to recognize and respond to mental health crises using the approach of Question, Persuade and Refer.

In this 1.5-hour QPR training, we will provide:

- Information on the unique challenges farmers face that can lead to stress, depression, and suicide.
- Examples implementing each QPR component with someone at risk for suicide.
- Information on how to help someone at risk of suicide.

PRESENTERS:



Linda Emanuel,
Community Health Director,
AgriSafe Network



Dr. Tara Haskins,
Total Farmer Health
Director, AgriSafe Network

Interested in hosting a QPR training?

Contact Linda Emanuel (lemanuel@agrisafe.org) for more information!

This program is supported by:

